



HIGH SCHOOL PREVIEW

Friday, April 11, 2025

Ansin Sports Complex, Miramar, FL

9:00 AM FACILITY GATE OPEN

9:45 AM COACHES MEETING

FIELD EVENTS

10:00AM DISCUS THROW-GIRLS/ BOYS TO FOLLOW
LONG JUMP-BOYS/TRIPLE JUMP TO FOLLOW (PIT 1)
LONG JUMP-GIRLS/TRIPLE JUMP TO FOLLOW (PIT 2)
JAVELIN GIRLS/BOYS TO FOLLOW

12:00AM POLE VAULT -BOYS/GIRLS TO FOLLOW
(AFTER COMPLETION OF JAVELIN)

1:00PM SHOT PUT-GIRLS/BOYS TO FOLLOW
HIGH JUMP -GIRLS/ BOYS TO FOLLOW

RUNNING EVENTS (TIMED FINALS ONLY)

2:00PM 100 M HURDLES-GIRLS
110 M HURDLES-BOYS
100 M -GIRLS
100 M -BOYS
400 M -GIRLS
400 M -BOYS
400 M HURDLES-GIRLS
400 M HURDLES-BOYS
800 M -GIRLS
800 M -BOYS
200 M -GIRLS
200 M -BOYS
100 M HURDLES RELAY-GIRLS
110 M HURDLES RELAY-BOYS
4X800 M RELAYS-GIRLS
4X800 M RELAYS-BOYS
4X100 M RELAYS-GIRLS
4X100 M RELAYS-BOYS
1600 M -GIRLS
1600 M -BOYS
4X400 M RELAYS- GIRLS
4X400 M RELAYS-BOYS
4X200 M RELAYS-GIRLS
4X200 M RELAYS-BOYS
4X400 M MIXED RELAYS**

****Schedule subject to change based on final event entries****



HIGH SCHOOL PREVIEW

Friday, April 11, 2025

Ansin Sports Complex, Miramar, FL

ENTRY INFORMATION

The FHSAA has approved the HBCU Relays Experience (HRE) for state of Florida Association member schools. Check with your state high school activities association if you have any questions before entering the HRE. Entries must be submitted through directathletics.com. **ALL entries & payments must be received no later than 11:59pm EST Friday, April 4, 2025.**

FOUR (4) TRACK entries, THREE (3) FIELD entries per team per event, TWO (2) teams per relay.

- ONLY HIGH SCHOOL ATHLETES ARE ALLOWED TO COMPETE
- Athletes must be eligible according to rules which govern their respective school & association
- No CLUB TEAMS, No international teams
- 1 athlete may not participate in more than 4 events
- Late entries will NOT be considered

ENTRY FEES

- \$125.00 per team/gender \$25.00 per athlete (*Boys and Girls teams considered separate*)
- **Payment Options:**
 - Electronically on Direct Athletics site
 - School Checks/Money Orders/Cashier Checks should be made out to: **Extraordinary Sports & Events Mgmt., LLC. (Memo: HBCU Relays Exp.)**
 - **Mailed to: 2114 N Flamingo RD, 1408, Pembroke Pines, FL 33028**
- All teams must be registered and meet entry paid by 11:59pm, April 4th to be able to participate. **NO EXCEPTIONS!!!**
 - For any other meet information, email info@hbcurelayexperience.com or (954) 247-1171
- **All entry fees are non-refundable and non-transferable**

FACILITY

Beynon Track Surface: 8 – 42” Lanes: 4 LJ, TJ Runways, 2 PV, HJ Areas: Maximum spike length ¼”.

MEET CONDUCT

All field events, except high jump and pole vault, will be contested in flights with three trials and nine advancing to the finals. In the finals, each competitor will receive three additional attempts. HJ/PV will be run in continual flights. **There will be minimum marks for all field events.** FHSAA rules will be in effect.

PACKET PICK-UP

Packets will be available on the day of the meet one hour prior to the first event of the meet.

Packets can be picked up at the Ansin Sports Complex (Computer lab). Packets will include heat sheets and coaches' passes.

EVENT CHECK – IN

Running event participants must check-in with the meet clerk of the course at the Large Blue tent at the start of the 100m, no later than 30 minutes prior to the start of the scheduled event. Field event participants must report to the event site no later than 30 minutes prior to the start of the scheduled event or they will be scratched.

TEAM TENT/WARM – UP AREAS

All warm-ups **must** be conducted on the black practice track. No warm-ups will be conducted on the track.

ADDRESS TO FACILITY

Ansin Sports Complex
10801 Miramar Blvd
Miramar, FL 33025