

2024 Seminole Athletic Conference Cross Country Championship

Date

Thursday, October 24, 2024

Location

Lake Mary High School
655 Longwood Lake Mary Road
Lake Mary, FL 32746

Time Schedule

4:00pm - gates open

5:00pm - coaches meeting at finish line

5:20pm - girls race

6:00pm - boys race

6:40pm - awards on the track at the finish line, top-10 will receive medals

Tickets

Tickets can be purchased on gofan.co: <https://gofan.co/event/1732737?schoolId=FL1257>

Entry fee

\$150.00/school

The course is a 3-loop race which starts and ends in the stadium. There will be a lead cart for the first loop; it is the same course as last year. The 1-mile, 2-mile, and 3-mile marks are all located in the same area to make it easy for coaches to get splits.