

# **California Golden Bears**

## **2025 All-Comers Track & Field Meet Info**

**Date:** Saturday, February 22, 2025

**Divisions:** Junior High, High School, Open, Masters, male and female athletes  
**All participants must be 13 years of age or older to participate.**

**Rules:** These are USATF Sanctioned meets.

**Entry Fee:** \$10 for one event, \$20 for 2 events. **Limit 2 events MAX.**  
**\*Spectators are \$5.00\*** This fee is for entry into the meet. It is not a participation fee. No refunds. \*All current University of California Berkeley students are free with a current school ID.\*

**Registration: Registration is through DirectAthletics.com ONLY**

**All Comers: January 1st, 2025. Registration for All Comers #1 closes at 11:59pm on February 19th, 2025.**

**ONLINE REGISTRATION ONLY THROUGH DIRECT ATHLETICS!!!! NO DAY OF REGISTRATION AVAILABLE.**

**Entrance:** Gate "F" on Frank Schlessinger Way (North side of Edwards track by Tennis)

**Medical:** Please note that there will be no medical staff on the track during the meet. Participants are responsible for their own medical supplies. You are competing at your own risk.

**Waivers:** **All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement. Parents must sign waivers for minors! No exceptions!** Waivers can be signed either online (direct athletics) or brought in person. Link to [Waivers](#)

**Field Events:** Throws: Weigh-ins are 7am to 1pm ONLY. \*Discus & weight throw will be contested only as light allows as per safety ruling by meet management. Cal, as a matter of liability policy, does not provide implements. Please bring your own.\* Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.

**Spikes:** Spikes must be ¼" pyramid or less (9mm). Needle spikes NOT allowed.

**Field Access:** Only participating athletes, Cal staff and meet administration allowed on the field besides pole vault coaches. All other coaches & fans/friends/family are asked to remain on the outside of the track/in the stands.

**Questions:** [kaylaferron@berkeley.edu](mailto:kaylaferron@berkeley.edu)

**Weather:** In case of inclement weather, check twitter @Cal\_Track for meet status updates.

**Results:** Posted at the conclusion of each event at [www.recordtiming.com](http://www.recordtiming.com)  
or <https://www.rttimingsolutions.com/results.html>

## Cal All-Comers

### 2/22/25 Time Schedule & Order of Events

#### Field Events

Male division, open to youngest competed first; female division, open to youngest follows  
Four attempts per athlete in the [horizontal jumps & throws](#).

**Throws: Weigh-ins are 7am to 1pm ONLY.**

**Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.**

8am	Hammer
10am	Pole Vault: 2 mixed-gender flights separated by opening heights of 7' & 10' (i.e., 10' opening competition follows completion of the lower section).
10am	High Jump: 1 mixed-gender flight Opening at lowest entry and progressing
10am	Shot Put
10:30 am – 1pm	Open Long Jump ( <b>Triple Jump to Follow</b> )
11am	Javelin Discus to follow
2pm	Weight Throw

#### TRACK EVENTS

Male division, open to youngest competed first; female division, open to youngest follows

**9:30am Race Walk - 1 Mile - Womens followed by Mens (not combined)**

**10:30am start of rolling schedule**

3000m  
4x100m Relay  
1500m  
60mHH  
400m  
60m  
800  
m  
300mIH  
200m  
4x400m Relay