



# BROWN UNIVERSITY 38th ALDEN INVITATIONAL

Saturday, December 7th  
Olney-Margolies Athletic Center  
229 Hope Street, Providence, RI 02912

## INVITED TEAMS:

PROVIDENCE



URI



HOLY CROSS



BRYANT



STONEHILL



NEW HAMPSHIRE



\*\*\*All Brown University meets are by invitation. Please contact meet management with requests and questions\*\*\*

## Registration Info & Entry Fee

Register via [DirectAthletics.com](http://DirectAthletics.com)

Entry deadline is Wednesday, December 4, 2024 at 12:00pm

Entry Fee is \$500 per team (14+ constitutes a team), per gender or \$35 per event/\$50 per relay. Checks payable to Brown University  
Please give payments to Khamica Bingham.

**\*\*Every entry is not guaranteed acceptance. We will do our best to accommodate as many as possible to have a competitive and efficient meet.\*\***

## \*\*Unattached Athlete Entries

The following group of unattached athletes will be considered for this meet:

- College Student-Athletes
- Post Collegiate Athletes
- Brown University students and alumni

Unattached athletes must request permission from meet management to enter the meet.  
Entry standards are listed below and must have been achieved within the last 2 years.

## Unattached Entry Consideration:

- Email: [khamica\\_bingham@brown.edu](mailto:khamica_bingham@brown.edu)
  - Include event(s) and performance(s)
  - Verifiable entry performance with a link to results.
- The entry fee for all unattached athletes will be \$35 per event and is non-refundable. Checks payable to Brown University.  
Payment is required at check-in to receive your packet. Failure to provide payment may result in disqualification from the meet

EVENT	WOMEN STANDARD	MEN STANDARD
60M	8.30	7.50
60MH	9.75	9.50
300M	45.0	37.5
500M	1:20.0	1:07.0
1000M	3:05.0	2:35.0
MILE	5:20.0	4:20.0
3000M	11:00.0	9:00.0
4x400M	4:10.0	3:40.0
HIGH JUMP	1.65m (5' 5")	1.96m (6' 5")
POLE VAULT	3.66m (12' 0")	4.27m (14' 0")
LONG JUMP	5.79m (19' 0")	7.01 (23' 0")
TRIPLE JUMP	12.19m (40' 0")	14.33m (47' 0")
SHOT PUT	12.00m (39' 4")	13.50m (44' 3")
WEIGHT THRO	14.00m (45' 11")	15.00m (49' 2")

## PACKET PICK-UP

All teams, clubs, and unattached athletes will pick up their packets in the check-in area.

## MEET MANAGEMENT

Meet Director: Damar Forbes at [damar\\_forbes@brown.edu](mailto:damar_forbes@brown.edu)

Assistant Meet Director: Khamica Bingham at [khamica\\_bingham@brown.edu](mailto:khamica_bingham@brown.edu)

## Media Contact

Sports and media information can be requested through Tim Geer at [timothy\\_geer@brown.edu](mailto:timothy_geer@brown.edu)

## Sports Medicine/Athletic Trainers

Beth Conroy: [beth\\_conroy@health.brown.edu](mailto:beth_conroy@health.brown.edu)  
Tori Bouchard: [tori\\_bouchard@health.brown.edu](mailto:tori_bouchard@health.brown.edu)  
Alexa Hambly: [alexa\\_hambly@health.brown.edu](mailto:alexa_hambly@health.brown.edu)

## Timing

Meet will be timed by 802 Timing at [www.802timing.com](http://www.802timing.com)

## Weigh-Ins

Implement weigh-in will be located near the cages on the back stretch of the track.

## Spike Restriction

Spikes maybe check by meet officials. Athletes will be required to have 1/4 inch pyramid spikes only.  
High Jump may use appropriate length spikes.

## Scoring/Vertical Progressions

Non-scoring team

Field Events: Starting heights may be alter at the discretion of meet management after all entries are received.  
Progressions will be communicated to each school if different than indicated below.

Progression: Women HJ: **TBD**  
Men HJ: **TBD**

Progression: Women PV: **TBD**  
Men PV: **TBD**

## Team Camp/Staging & Warm Up

Team Camps/Staging areas can be set up anywhere it does not interfere with traffic flow, competition areas, and warm up spaces. We kindly ask that you utilize the areas around the turns.  
We would like to keep spectators in the infield and as such cannot guarantee the safety of your teams property.

## Electronic Devices

NCAA rules pertaining to electronic devices will be enforced in the competition area.

## Facility Access

Teams can enter through the north side between the Olney-Margoles Athletic Center and Central Heat Plant (see diagram below).  
Spectators can enter through the west side (front of OMAC as pictured below)

**PLEASE NOTE SPECTATOR ENTRY WILL BE LIMITED AT ANY POINT BY BROWN DPS/FIRE MARSHAL DUE TO FACILITY LIMITATIONS.**

## Team Drop Off/Bus Parking

Team buses can drop off at the back of the Olney-Margoles Center (Lot 1). Access is through the parking lot off of Lyod Street. Bus parking is available at the Brown Stadium parking lot which is located at the corner of Sessions Street/Elmgrove Ave.  
Additional parking information can be found at [www.brownbears.com](http://www.brownbears.com) under facilities/parking/directions.



## Restrooms

There are restrooms located on the Track level of the OMAC and on the Lobby level. Additional restrooms are located in the Pizzitola and Nelson Fitness Center.  
Coaches and Officials will be able to use our coaches and official locker rooms on the track level of the OMAC. Please see Brown staff for access.

## Attendance

Spectators will be allowed to attend the Alden Invitational, however attendance will be limited due to facility limitations and managed in conjunction with COVID protocols, managed by DPS/ESS/Fire Marshal.  
At this time, spactators are not required to were face covering. This is subject to change and any changes will be communicated to each visiting team and via our athletic website.