## <u>Cal All-Comers</u> 2/22/25 Time Schedule & Order of Events

## **Field Events**

Male division, open to youngest competed first; female division, open to youngest follows Four attempts per athlete in the horizontal jumps & throws.

Throws: Weigh-ins are 7am to 1pm ONLY.

<u>Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit</u> windows.

8am Hammer 10am Pole Vault:

2 mixed-gender flights separated by opening heights of 7' & 10'

(i.e., 10' opening competition follows completion of the lower section).

10am High Jump:

1 mixed-gender flight

Opening at lowest entry and progressing

10am Shot Put

10:30 am – 1pm Open Long Jump (**Triple Jump to Follow**)

11am Javelin

Discus to follow

2pm Weight Throw

## **TRACK EVENTS**

Male division, open to youngest competed first; female division, open to youngest follows

## 9:30am Race Walk - 1 Mile - Womens followed by Mens (not combined) 10:30am start of rolling schedule

3000m

4x100m Relay

1500m

60mHH

400m

60m

800m

300mIH

200m

4x400m Relay