

Emory Spring Break Classic – *Final*

March 17th- 18th 2023

NOTE: Live results and heat sheets at www.emoryathletics.com and http://www.ptgrouponline.com

FRIDAY TRACK

3:00 PM	W 400m Hurdles	4:50 PM	W 3,000m Steeple
3:15 PM	M 400m Hurdles	5:10 PM	M 3,000m Steeple
3:30 PM	W 200m	5:25 PM	W 5,000m
3:50 PM	M 200m	5:50 PM	M 5,000m
4:15 PM	W 1500m Invite	6:30 PM	W 10,000m
4:30 PM	M 1500m Invite	7:15 PM	M 10,000m

FRIDAY FIELD

2:00 PM	Men's Hammer (Women to Follow)
2:30 PM	Men's High Jump
3:00 PM	Women's Javelin (Men to Follow)
4:00 PM	Women's and Men's Long Jump
5:00 PM	Women's High Jump

SATURDAY TRACK

10:40 AM	Emory Alumni and Friends Mile	
11:00 AM	W 100m Qual (top 4 Advance)	1:40 PM W 400m
11:10 AM	M 100m Qual (top 4 Advance)	2:00 PM M 400m
11:20 AM	W 4x800m	2:20 PM W 800m
11:35 AM	M 4x800m	2:40 PM M 800m
11:50 AM	W 4x100m	3:10 PM W 100m Hurdle Finals
12:00 PM	M 4x100m	3:15 PM M 110m Hurdle Finals
12:15 PM	W 1500m Open	3:20 PM W 100m Finals
12:25 PM	M 1500m Open	3:22 PM M 100m Finals
12:40 PM	W 100m Hurdle Semis	3:30 PM W 3,000m
12:55 PM	M 110m Hurdle Semis	3:45 PM M 3,000m
1:10 PM	W 100m Semis (Top 28 Entries +4)	4:00 PM W 4x400m
1:20 PM	M 100m Semis (Top 28 Entries +4)	4:10 PM M 4x400m

SATURDAY FIELD

10:30 AM Men's Pole Vault	1:30 PM Women's Triple Jump
10:30 AM Men's Discus	1:30 PM Women's Discus
10:30 AM Women's Shot Put	1:30 PM Women's Pole Vault
11:00 AM Men's Triple Jump	1:30 PM Men's Shot Put