

IMPORTANT DATES

 January 1st, 2025- Entries open for ALL meets via www.directathletics.com.

Entries Close the Wednesday before each meet.

- Saturday, February 15th All Comers Meet
- Saturday, March 8th CAL Season Opener
- Thursday, April 3rd to Friday, April 4th Brutus Hamilton Multi
- Saturday, April 5th Brutus Hamilton Invitational
- Saturday, May 3rd The 130th Big Meet

All field/throws events will be limited to 24 participants. The top 24 entries will be accepted, NO EXCEPTIONS.

WARM UP PROCEDURE

- Athletes/Coaches are free to conduct warm up routines anywhere within Edwards
 Stadium not being occupied at the time for event specific competition needs.
- Athletes/Coaches are expected to be mindful and respectful of the designated competition areas at all times. There will be NO HEADPHONES, No electronics allowed on the track/infield at any time.

ENTRIES:

- All entries must be submitted via <u>www.directathletics.com</u> prior to the designated entry deadline.
- Entry Fee \$400.00 per team per gender/ \$40.00 per individual athlete
- All entries will be verified via TFRRS.

- If an athlete does not have a TFRRS verifiable mark (EX. Freshman, new event, new transfer etc.) they will be entered as No Mark (NM/MT)
- Entry "notes" can be emailed to the meet directors for review.
- If Necessary, 200m entries will be re-seeded 15 min prior to the start time
- Entry limits per gender, per event will be as follows:
 - 8 = Running events 800m and below
 - 8 = Field events
 - 4 = Relays
 - Unlimited = 1500m, 3000m Steeple and 5000m.

SCORING: NCAA Section 5

- CAL dual meets will operate under the Alternate Scoring model via NCAA Rules Section 5, Article 3.
 - 5 3 1 (Individual events)
 - o **5 0** (Relays)
- All individual entries shall have the ability to score in the competition. Only one relay entry per institution shall score.

COLLEGE STUDENTS / INDIVIDUAL ENTRIES

- A limited number of college students/individuals, who are part of the universities
 intercollegiate team or staff, but need to compete unattached, may be permitted to
 compete at the discretion of the meet directors as non-scoring entries
- These requests and entries should be made via direct athletics meet portal.

PACKET PICK UP

- When team packets are necessary, the entire packet will be distributed to the first coach who arrives at the packet pick up. (Packets will not be distributed to athletes)
- Packets will be distributed at the tent/table, located at the main gate (North East entrance) to Edwards Stadium.

DECLARATIONS/CHECK IN PROCEDURE

- Athletes are encouraged to check in for all events 1 hour prior to the scheduled start time.
- Athletes MUST check in at the clerk no later than 20 min prior to the start time of their scheduled event for all running events.
- Any athlete who fails to check in is subject to being scratched from the competition.
- Field event check in will be conducted at the competition area.
- In events 800m and below (including hurdles) final heat/lane draws may be subject to change after the check in window has closed.

EVENT INFORMATION

All events will take place inside Edwards Stadium located on the University of California Berkeley campus at 2223 Fulton St., Berkeley, CA 94720

All field/throws events will be limited to 24 participants. The top 24 entries will be accepted, NO EXCEPTIONS.

- All races run as a facial will be seeded by time and run against time.
- Shot Put, Discus, Hammer, and Javelin All legal marks will be measured. After all flights/competitors have completed 3 attempts, the top 9 will advance to the finals.
- Long Jump and Triple Jump All legal jumps will be measured
 - o Long Jump 3.65m
 - O Women's Triple Jump 10.97m (36 Ft.)
 - Alternative tape board may be set at 9.75m (32 Ft.)
 - o Men's Triple Jump 12.80m (42 Ft.)

SPIKE LENGTH

• Spikes may be no longer than ¼ inch (9mm), with pyramid spikes being preferred.

WEIGHTS & MEASURES

- All implements must be certified and weighed at "the cage" located in the Northwest corner of Edwards Stadium in order to be used in competition.
- Weigh in times are located at the bottom of the meet schedule

SPORTS MEDICINE

- Please Contact either Micaela Davis at <u>miky@berkeley.edu</u> or Sarah Lindquist at <u>lindquist.06@berkeley.edu</u> with any questions regarding medical procedures, COVID-19 protocol clarification, or athletic training room questions.
- When appropriate an athletic trainer credential will be issued with your team packet
- Each team should plan to provide their own taping supplies
- EMS will be on site for every competition

PARKING

- Team Busses will have drop off and parking access at the back side of Haas Pavilion near the loading dock at entry 5 and 6 off Frank Schlessinger Way (Oxford St is the cross st)
- Officials will be provided parking access and passes.

CONTACT INFORMATION

- Meet Directors
 - Kayla Ferron <u>kaylaferron@berkeley.edu</u> 510-499-2627
 - o Robyne Johnson robyne@berkeley.edu 617-599-6318
- Official Timer
 - o Sean Laughlin/Record Timing sean@recordtiming.com
 - o <u>www.recordtiming.com</u>

MEET SCHEDULE

Cal Season Opener

Brutus Hamilton Multis

Brutus Hamilton

The 130th Big Meet