

2024 Lightning Invites Cross Country Series Registration on directathletics.com

*ENTRY FEES:

*\$50 per Girls and Boys teams.

*\$10 per individual (not part of a team or less than 5 runners per HS gender).

*Checks, Money Order payable to Dr. Michael Krop Senior High School, Attention: XC Meet.

A receipt will be provided for all payments.

Registration: Teams must register each runner on directathletics.com.

All Teams Arrival times: before 2:30 p.m.

Teams Check-in and payment area under the finish line tent.

Pick up Runner IDs number when arrive.

5K schedule: 3:00 pm race starts once all athletes' teams are check-in.

Runner IDs must be pinned to athlete's on the (FRONT) of uniform thru finish line.

Course Run: Start White flags 1.5 laps then Purple flags to finish.

Course marked: Start, White flag, Purple flags to Finish and mile markers.

Contact email: asiwitness@gmail.com

Location: Ives Estates Park: 20901 NE 16th Ave., Miami, FL 33179

2024 Lightning Invites Cross Country Series Dates:

8/20/2024 Lightning Invites 2.

8/27/2024 Lightning Invites 3.

9/3/2024 Lightning Invites 4.

9/10/2024: Lightning Invites 5.

9/17/2024 Lightning Invites 6.

9/24/2024 Lightning Invites 7.

10/1/2024: Lightning Invites 8.

10/8/2024 Lightning Invites 9.

10/22/2024 Lightning Invites 10.