



PINE CREST CROSS COUNTRY INVITATIONAL

Saturday, October 9, 2021

Location	South County Regional Park (Use Sunset Cove Amphitheater for directions) 11200 Park Access Road Boca Raton, FL 33498
Schedule	7:00 AM Packet Pick-Up 8:00 AM Boys Varsity 5k Race (up to 10 runners) 8:30 AM Girls Varsity 5k Race (up to 10 runners) 9:10 AM Combined Girls & Boys JV 5k Race (unlimited runners) 10:00 AM Girls Middle School 3k Race (MS State Meet Qualifier) 10:30 AM Boys Middle School 3k Race (MS State Meet Qualifier)
Chip Timing	ALL RACES WILL BE USING CHIP TIMING
Course	Traditional South County Course around lake
Awards	Champion and runner-up team trophies for Middle School & Varsity Medals—top 15 in Var. & MS races
Entries	\$200 per school; \$100 extra for MS (or \$200 if just MS) Payable to <u>Pine Crest School</u> , due on race day Entries on <u>Direct Athletics</u> by Monday, Oct. 4 th at 8:00 PM
Meet Director	Paul Baur, Pine Crest Head Coach 954-579-9448 or paul.baur@pinecrest.edu
Official Timers	Ken Key, Servant Spirit Timing; Dr. Jeffrey Elliot & Eric Olender, Pine Crest
Medical	There will be athletic trainers at the finish line
Admissions	\$5 per person; Please purchase online via Go Fan .